

A Fun-Filled Bible Skills Curriculum for Grades 4–6, Blue Cycle Sample Meeting

For More Information about Bible Skills, Drills, & Thrills e-mail mikey.oldham@lifeway.com or call (615) 251-2841

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What resources do I need?

- One leader guide and leader pack per group.
- One activity book for each child.
- One CD-ROM (music and games) five-pack for every five families.
- Every child will need a Bible. The Bible is used throughout every meeting.

Bible Skills, Drills, & Thrills Leader Guide Grades 4–6 Blue Cycle 1415822735 Bible Skills, Drills, & Thrills Leader Pack Grades 4–6 Blue Cycle 1415822565 Bible Skills, Drills, & Thrills Activity Book Grades 4–6 Blue Cycle 1415822581 Bible Skills, Drills, & Thrills CD-ROM Grades 4–6 Blue Cycle (Pkg. 5) 1415822603

Bible Skills, Drills, & Thrills Leader Guide Grades 4–6 Blue Cycle—a three-ring binder with administrative helps and 36 one-hour expandable to two-hour meeting plans. Plans can be used with any translation of the Bible. Included is a music and games CD which has six Scripture songs in three translations (HCSB®, KJV, NIV) and instrumental tracks for those verses, a "Plan of Salvation" song, a books of the Bible song, and four computer games. The leader guide also provides a CD-ROM with leader helps and a video of a Children's Bible Drill demonstration.

Bible Skills, Drills, & Thrills Leader Pack Grades 4–6 Blue Cycle—posters, gameboards, cards, and other visuals for use during the meetings. Bible Skills, Drills, & Thrills Activity Book
Grades 4–6 Blue Cycle—translationneutral activities that help the child
explore the meaning of the verse, Key
Passage, or story, and application to his or
her life. One or both pages will be
completed during the meeting time.

Bible Skills, Drills, & Thrills CD-ROM
Grades 4–6 Blue Cycle—A music and games CD five-pack that includes six
Scripture songs, "Plan of Salvation" song, a books of the Bible song, and six computer games to help children and families develop Bible skills at home or during the meeting.

Verse Cards

- Bible Skills, Drills, & Thrills Verse Cards HCSB® Blue Cycle (Pkg. 10) 141582262X
- Bible Skills, Drills, & Thrills Verse Cards KJV Blue Cycle (Pkg. 10) 1415822611
- Bible Skills, Drills, & Thrills Verse Cards NIV Blue Cycle (Pkg. 10) 1415822638

Other helpful resources:

- Giant Game Floor Mat 0633008079
 This reusable 43-by-75-inch vinyl mat has 20 clear pockets and can be used with several games suggested in the leader's guide. The mat also comes with a numbered cube, a spinner, and a beanbag.
- Children's Bible Drill Bibles—These hardback Bibles are designed for use in Children's Bible Drill.

Holman CSB® Drill Bible, Small Edition 1586402811

King James Version 0879816007 A New International Version is available from the International Bible Society.

Music and Games CD (CD1)

You can find the melody line with words on pages 27-36 of the leader guide.

Bible Verse Song Tracks

	HCSB	KJV	NIV	INSTRUMENTAL ONLY
Genesis 1:31	1	7	13	19
Isaiah 6:8	2	8	14	20
Matthew 28:19-20	3	9	15	21
John 13:35	4	10	16	22
1 Corinthians 3:16	5	11	17	23
1 Timothy 4:12	6	12	18	24

Books of the Old Testament—25

Books of the New Testament—26

Books of the Old Testament Instrumental—27

Books of the New Testament Instrumental—28

Plan of Salvation—29

Plan of Salvation Instrumental—30

Computer Games (CD1)

Games can be played individually or in pairs. Encourage children to improve their own success. In addition to the copy from this leader's guide, either provide one for each child or encourage parents to purchase one for use at home. Although some meetings call for using a particular computer game, the children can choose to play any of the games.

Hook, Line and Sinker

Children divide the books of the Bible into the Old and New Testaments.

Stack the Tubes

Children place the Bible books in order.

Undersea Bible Divisions

Children divide the books of the Bible into Bible divisions.

Before and After Snappin' Clams

Children are presented a Bible book and must select the books before and after

Key Passage Catch a Wave

Children match Key Passages to verse references.

Bible Verse Regatta

Children identify the correct order of words in a Bible verse.

Skill Centers



Grades 4-6 Meeting 25

Bible Passages:

Ephesians 6:1-3; Exodus 20:12 **Verse:** Ephesians 6:1

Key Passage: None Bible Story:

Children, Obey Your Parents **Levels of Biblical Learning Statements:**

Grade 4: God's plan is for parents to be the leaders of the family and for family members to respect each other.

Grades 5–6: God's plan is for parents to lead families according to His Word

Meeting Goals:

Locate, read, and quote Ephesians 6:1.

State the book before, the book named, and book following any book of the

Old Testament and the New Testament.

Skill Check

Bible Book Scramble

Set out two trays, and letter tiles from a commercial word game or "Letter Tiles." Direct Player 1 to choose 12 tiles and attempt to spell the name of a Bible book. If he is successful, he can place the tiles on the table; if not, he may trade five tiles for the next turn.

Challenge the following players to spell out Bible names that intersect the names previously placed on the table. If time permits, expand allowable words to include Bible people, places, or divisions.

Key Passage Calisthenics

Give one child four Key Passage bandages and help her fasten a separate one to each knee and elbow. Give her partner the corresponding Key Passage references; fasten them to each knee and elbow. Direct the partners to follow these steps, first in slow motion, then building up speed:

- Look at the bandages, and find the matching bandages on your partner.
- Quickly touch elbows and knees in the proper sequence, naming each Key Passage and its reference as you touch bandages.

If time permits, replace the bandages with other Key Passage bandages or tape the bandage strips in different body positions and play again.

Computer Game

Children can play one of the games alone or in pairs to review the Bible books or Key Passages.

Option

Provide an activity that the children enjoyed from a previous meeting.

Skill Check

 Provide "Skill Check List" (CD2 Item 1) and a pencil for each child.

Bible Book Scramble

- · Provide:
- "Letter Tiles" (CD2 Item 45).
- shallow trays.

Key Passage Calisthenics

Print the names of each Key
 Passage on a separate
 adhesive bandage strip. Print
 the references for each Key
 Passage on a separate
 bandage strip.

Computer Game

 Provide a computer and "Bible Books Road Trip" or "Key Passage Skate-Off" (CD1 Games).

Group Skills

Gathering Game

 Provide "Find Your Family Cards" (CD2 Item 46).

Bible Story

- Provide:
- Bibles.
- activity page 53 for each child.
- two 12-inch pieces of yarn for each child.

Gathering Activity

Give each child a "Find Your Family Card." (Adjust the number of cards per "family" to the size of your group.) When you have distributed all of the cards, call out, "Find your family!" Direct the boys and girls to look at their cards and quickly find the players holding similar cards. When they do, they should form a huddle and call out, "We found our family!"

At your cue, direct the children to hold their cards facedown and walk around the room, swapping family name cards with as many people as possible without looking at the cards. Once again, call, "Find your family!" and congratulate the group that arranges itself the most quickly. Say: "God intended family members to stick together and honor one another. Today you'll learn some important Bible advice about honoring your parents.

Bible Story

Lead the "family" groups to be seated together. Hand each child two pieces of yarn. Direct the boys and girls to find and mark the following Bible passages with the yarn:

- Exodus 20:12
- Ephesians 6:1-3

Assign an adult leader to assist each group as they work and give these directions: "Each 'family' should read the two passages you marked in your Bibles. When you finish, decide what is the same about the two Bible passages and what is different about the two Bible passages."

After a few minutes, call the groups to attention again. Ask, "What did you find that is the same about the Bible passages?" (They both describe God's Commandment to honor your father and mother.) "What differences did you find in the Bible passages?" (Ephesians 6:1-3 adds the command for children to obey their parents.)

Commend the small groups for their good work. Say: "When God gave His Commandments to the people of Israel, the Israelites were about to become a new nation in a strange land. They had previously been slaves in Egypt with no laws of their own. God promised that if children would honor their parents, they would live long and well in the new land He was giving them." Explain that hundreds of years later, Paul wrote a letter to his friends reminding them that Christians should continue to follow God's Commandment to honor and obey their parents.

Call attention to the definitions of honor and obey on the activity page. Ask, "Is honoring your parents the same as obeying your parents, or is there a difference?"

If some of the children in your class are living with grandparents, foster parents, or other guardians, help them understand that the principles of honor and obedience apply to any adult who may be parenting them.

"Family Fuss" Advice Show

Cue the CD player to "Family Fuss Callers." Say: "Let's listen to a call-in show. Most of the callers need to be reminded of the commandments and promises you just learned!"

Tell the group that you will play one segment of the show at a time and ask for volunteers to explain which family-related command or promise would best answer the caller's question. Follow the script below and pause the CD after each caller for answers and discussion (a suggested response to each caller is provided):

Caller 1: I'm not supposed to be online when my parents aren't here to supervise. They are having dinner with our neighbors across the street, and I have got to get my famous American report done. Do you think it's OK for me to use the Internet? After all, they're just a few feet away.

Possible reply: Remember Ephesians 6:1. Obey your parents and stay off the computer until you have their permission. God will be pleased when you honor their request.

Caller 2: My parents like to do "family day" stuff sometimes, but this time, they want to go to a scroungy little amusement park with nothing but baby rides. I want coasters! What should I tell them when they ask me if I'm looking forward to it?

Possible reply: Remember Exodus 20:12. You will honor your parents by appreciating their gift of a family day to you. You may even be surprised at how much fun you have together!

Caller 3: My mom bought me a bunch of birthday shirts. That's nice, but they have pictures for babies on the front of them. I can't wear them to school! She's nagging me to try them on for her. Can I tell her they just don't fit?

Possible reply: Remember Exodus 20:12. Honor your mother by answering her honestly. You could respectfully ask if you could go together to exchange the shirts for ones you like, but you should respect her final decision.

Caller 4: I'm at my friend's house. His parents are with us, too, and they watch a movie that my parents would never let me see at our house. I can't tell my friend's parents this is off limits, can I?

"Family Fuss" Advice Show

- Provide:
- a CD player.
- "Family Fuss Callers" (CD2 Track 5).

Possible reply: Remember Ephesians 6:1. You should obey your parents no matter where you are. You could explain that this movie is off limits at home, and politely leave the room to do something else.

Caller 5: My parents are the dumbest people this side of Dumbsville! They don't know the names of my friends, the names of the bands I like, the names of the video games I play, and they think Web cookies and e-mail spam are things you eat! I'm stuck living with them for the next eight years. How do I vote myself out of this family?

Possible reply: Remember Exodus 20:12. Talking disrespectfully about your parents is as bad as talking disrespectfully to them! Look for things you and your parents have in common, or teach them the latest computer words so you can communicate better.

Caller 6: Mom and Dad are going to a work dinner that's supposed to last till about 10. It's across town, and they want me to stay at home with a babysitter. Me? A babysitter? I'm not a baby! If the kids at school find out, they'll never let me forget it! How can I prove I'm old enough to stay home alone?

Possible reply: Remember Ephesians 6:1 and accept your parents' decision. Look at it this way—you're not getting a sitter, you're getting an opponent for board games!

Caller 7: You are not going to believe this! I have to go to all my brother's high school ball games. I hate sports! At least some of my friends are there, so I have someone to talk to. But now my dad wants me to sit with him and Mom at the games and not run around with my friends. I don't know what the big deal is—we're all in the same building, and I'm at my brother's dumb games, right?

Possible reply: Remember Ephesians 6:1. Maybe you can respectfully ask your parents if a friend can sit with your family. In time, if you honor their decisions without complaining, maybe they'll allow you to sit with your friends.

Thank the group for supplying such good answers.

Double-Up Cup Review

Set the three cups with printed statements on a table or smooth surface. Cover the printed cups with plain cups and scramble them. Ask a volunteer to choose a cup. Lift the top cup to reveal the printed statement and lead the volunteer to respond.

Cover the cups again. Permit the children to take turns scrambling the cups and answering the review questions until everyone has participated.

Double-Up Cup Review

- Provide six opaque plastic cups.
- Turn three of the cups upside down and print one of the following directions on each:
- Name one way it is difficult to obey your parents.
- Name one way you can honor your parents.
- Say Ephesians 6:1 from memory.

Memory Verse Application

Tell the group, "Ephesians 6:1, which you've heard and repeated several times already, is today's memory verse." Cue the kids to say the verse from memory, referring if necessary to the Bible passage they marked with yarn.

Refer to the activity pages. Ask the boys and girls to find the large clock on the front page and place their index fingers at the twelve o'clock position. Direct the children to move their fingers around the face of the clock until you call, "Time's up!" When you do, ask a volunteer to look at the time of day indicated by his finger and personalize the verse by saying something like, "I can obey my parents in the Lord at (five o'clock) by helping prepare dinner." Lead children to move their fingers around the clock face again, call time, and ask other volunteers to provide similar responses. Lead in prayer, asking God to help the kids obey their parents cheerfully and respectfully.

Bible Book Juggling

Direct the group to stand and form a circle. Begin playing "Books of the Old Testament." Hand three children one of the items you brought, and direct the kids to toss them across the circle to the rhythm of the music. All three objects should be tossed simultaneously.

Stop the CD at an unexpected time. When the music stops, give these instructions: "The person holding the foam ball can name any Old Testament book. The person holding the beanbag must name the book before; the person holding the beanie animal must name the book after."

Repeat the game several times, switching back and forth from Old Testament to New Testament books. Coach the boys and girls to respond quickly and correctly each time the music stops.

Prepare for Skill Options

Help the children know a little about each activity in the Skill Options. Lead them to make choices and move to the activities.



Family Bible Skills to Go

When parents join your class, lead the children to repeat the final half of Ephesians 6:1, and challenge their parents to supply the first part of the verse. Remind parents that besides commanding children to honor their parents, the Bible commands parents to love, provide for, and teach their children.

Distribute an activity page to each family and say, "We challenge you to find some of those family commandments in the Bible this week and complete the family contract on the activity page as your commitment to one another."

Memory Verse Application

 Provide activity page 53 for each child.

Bible Book Juggling

- Provide a CD player cued to "Books of the Old Testament" (CD1 Track 26).
- Provide three different tossable objects, such as a beanbag, ball, and beanie animal.

Teaching Tip: The crazier the objects, the more fun older children will have playing this Bible skills game!

Family Bible Skills to Go

 Provide activity page 54 for each family.

Bible Skills

Bible Skills

- Provide:
- activity page 54 and a finepoint novelty pen for each child.
- · Bibles.
- concordances or a computer with a concordance program (optional).
- one blank scratch pad for each child.
- Stickers and magnetic tape (optional).

(Answers)—Whose Job is it Anyway?

Parents' jobs:

Direct the household (Genesis 18:19)

Discipline children

(Proverbs 13:24)

Train and teach children

(Proverbs 22:6)

Do not deliberately anger children

....

(Ephesians 6:4)

Manage the family

(1 Timothy 3:4)

Children's jobs:

Respect mother and father

(Leviticus 19:3)

Listen to instruction

(Proverbs 1:8)

Pay attention to family teaching

(Proverbs 4:20)

Obey parents

(Ephesians 6:1)

Obey without complaining or

arguing

(Philippians 2:14)

Bible Skills

Ask, "How can I find out what the Bible says about parents and children?" Direct the boys and girls to flip through their Bibles a page at a time and attempt to find family-related verses. After a few inefficient minutes, observe that the "hunt-and-flip" method of locating Bible verses can be slow and frustrating!

Show the concordances (printed or computerized) you brought. Explain that a concordance works like a computer search engine to help Bible students locate verses that contain certain keywords. Ask, "What keywords might lead you to Bible verses about families?" (children, parents, fathers, mothers, family, and so forth)

Distribute the concordances and lead the boys and girls to take turns using the computerized concordance to find verses related to the keywords they named. Encourage the children to read the verses they locate aloud to the group.

Variation: Lead the children to find the references only for family-related verses. Jot the references down, then use them for a formal practice Bible drill.

Distribute the activity pages and pens. Call attention to "Whose Job Is It, Anyway?" Say, "Here are some more Bible verses about the family responsibilities of parents and children." Lead the children to locate each verse and write down the responsibility described in each Bible verse.

Review the answers with the children, then discuss these questions:

- Which of these responsibilities is the most difficult for you to carry out?
- Why?
- Which family responsibility are you the best at carrying out?

Give each child a blank scratch pad. Suggest that the boys and girls decorate the borders of these "family to-do lists" with key phrases from the Bible verses they located. Kids can embellish the to-do lists with small stickers and add a strip of magnetic tape to the back of the scratch pads to make them fridge-friendly.

Before you dismiss, challenge the children to remember and carry out their biblical responsibilities to honor, obey, and respect their parents this week.

Recreation (

Wads Up?

Lead the children to line themselves in order according to the first letter of their last (family) names. Divide the line into two teams and direct each team to stand on an outer masking tape line. Set the basket of paper wads on the center line.

Give these instructions as you demonstrate the action in slow motion: "I will call out a division of the Old Testament. Players on your team will run to the basket, grab one sheet of paper, and take it back to your line. Then you can unwad the paper. If it belongs in the division I named, set it on the line. If not, run it back to the basket and grab another. When your team has correctly arranged the books in the division I named, call out their names in order. The first team to finish wins the round."

As you referee the game, be sure players do not peek at the paper wads before reaching their team's starting line. Also, do not permit players to toss unused paper wads in the basket—they must run to the center line to replace them.

Lead the children to wad up the papers and return them to the basket at the end of each round. Play several rounds of "Wads Up?" as time permits, naming various Old Testament divisions. On the final round, cue the kids to arrange all the books of the Old Testament in order.

Wads Up?

- Print two sets of "Books of the Bible Cards" (CD2 Item 3). Cut the cards apart.
- Wad the cards and place them in a clean bucket or laundry basket.
- Mark the floor of your play area with three masking tape lines about 15 feet apart (shrink or stretch to fit the size of the room).



Family Time Sand Timer

- Provide:
- two five- ounce clear plastic cups for each child.
- · craft foam sheets.
- decorative sand.
- · tacky craft glue.
- stickers (optional).
- pencils and permanent markers.
- · hole punch.
- scissors.

Teaching Tips:

- Cover your work area with newspaper.
- Plastic cup size can vary, but smaller cups require less sand and empty more successfully than large ones.
- To save time, you may precut and pre-punch the circles before the session.

Family Time Sand Timer

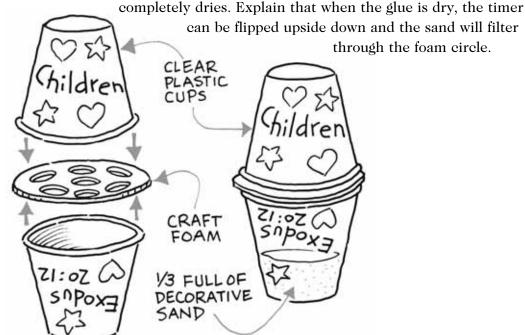
Give each child two plastic cups and a permanent marker. Say, "Today you learned about a Commandment with a promise. What was the commandment?" (to honor parents) Lead the kids to hold one cup upside down and print the Commandment from Exodus 20:12 on the cups.

Ask, "What was the promise to children who honor their parents?" (It will go well with them.) Lead the kids to hold the second cup upside down and print a paraphrase of the promise on their cups.

Show the children how to make sand timers following these instructions:

- Decorate the cups with small stickers.
- Put one cup upside down on a sheet of craft foam.
- Trace around the mouth of the cup.
- Cut the circle just outside the pencil line so that the foam circle is about 1/4-inch larger than the mouth of the cup.
- Punch 6-8 holes around the perimeter and in the center of the craft foam circle.
- Turn one cup right side up and fill about ½ full with decorative sand.
- Squeeze a small amount of glue around the mouth of the cup, then attach the foam circle.
- Squeeze a small amount of glue around the mouth of the empty cup. Attach it upside down to the filled cup and foam circle.

Direct the children not to attempt playing with the timer until the glue





Time to Honor Parents!

Set the stopwatch or timer for 15 seconds. Challenge the boys and girls to count as far as they can in 15 seconds. Call time and compare results. Set your timer and lead the group to perform the following stunts as many times as they can within the given time limit:

- Hop on one foot (30 seconds)
- Say the alphabet (60 seconds)
- Do push-ups (60 seconds)
- Take off shoes and put them on (45 seconds)
- Say the books of the New Testament (30 seconds)

Say: "You can get a lot done in a very little time! That goes for respecting and honoring your parents, too."

Distribute the activity pages. Lead the children to review the definitions of *honor* and *obey* on the activity page. Explain that children obey parents by carrying out their instructions promptly and cheerfully; they honor parents by showing appreciation and affection through words and actions. (Example: A child obeys her parents when she does her regular chores; she honors them when she offers to do more than is expected of her.)

Call attention to "Family Time" on page 53 of the activity page. Encourage the kids to supply creative ways they can honor their parents in various lengths of time. Invite volunteers to share their answers. Lead the boys and girls to print an exclamation mark next to the actions they would be most likely to complete at home.

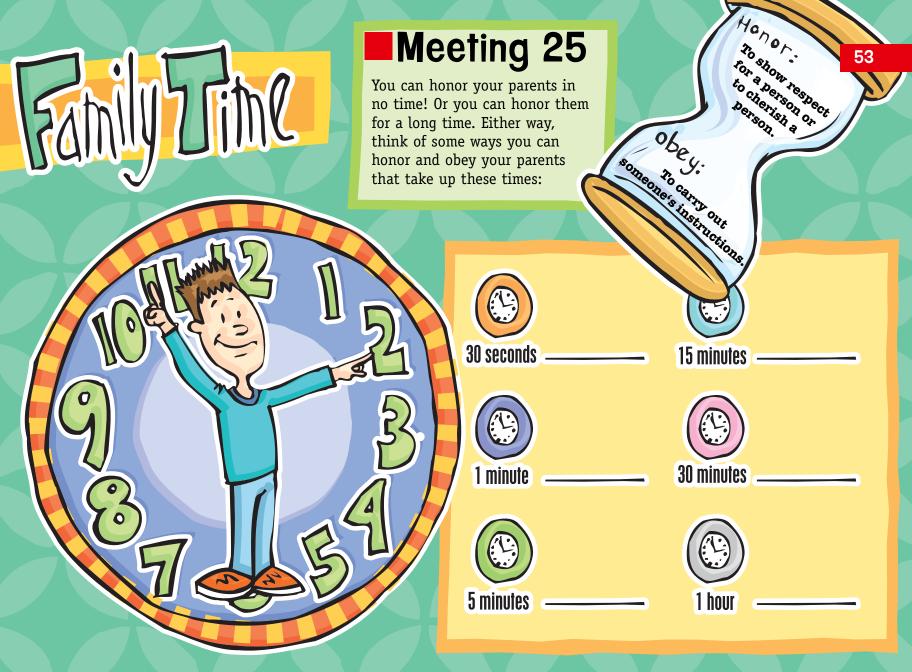
Give each child scissors, a paper brad, and the "Family Timer Circles." Help kids construct the circles as follows:

- 1. Cut out the timer circles.
- 2. Leave the red circle intact. Cut the yellow circle into quarters along the dotted lines.
- 3. Punch a hole in the point of each quarter-circle.
- 4. Insert the paper brad through the punched holes and through the center of the red circle.

Show the children how they can move the yellow circles to indicate any time increment from 5 minutes to 45 minutes. Say: "Your challenge for the week is to set a time on the paper timer, give it to Mom or Dad and say, 'What can I do for you in this much time?' Then carry out you parents' request cheerfully to show your honor and respect for them."

Time to Honor Parents!

- Provide:
- activity page 53 for each child.
- a stopwatch or timer.
- scissors.
- · a paper brad for each child.
- Find and cut apart "Family Timer Circles" (Pack Item 30).



Genesis 18:19

Leviticus 19:3

Proverbs 13:24

Proverbs 1:8

Proverbs 22:6

Proverbs 4:20

Ephesians 6:4

Ephesians 6:1

1 Timothy 3:4

Philippians 2:14

Who's Job is it anyway? Family Contract Parent's Job Children's Job Family Contract

FamilyContract

Because we believe that God says families should

the _____ Family enters into this contract

As parents, we will do our best to _____

As the child, I will do my best to _____

We agree to this contract on _____

(date)

Parent's signature___

Child's signature_____

Bible Skills, Drills, & Thrills Activity Book Grades 4–6 Red Cycle © 2005 Life Way